



## BE Aware of Your Progress

01

It's time for your assessment. First, ask a classmate to help you assess your performance during this week (Peer Assessment). Allow your classmate to provide you with some feedback. Later, assess yourself (Self-assessment) based on how you felt during this week.

VG – Very Good

G – Good

N – Need to Improve

I can...

Peer Assessment

Self-assessment



analyze some strategies for building healthy self-esteem.



describe how a spectrograph works and what it determines.



link the innovations in the past with the ones in the present.



describe the characteristics of independent cinema.



understand and use **Verbing** to transform nouns into verbs.

02

Reflect on your performance this week. Write four affirmations to help you recognize your effort.

DRAW YOUR FAVORITE CHARACTER  
FROM A HORROR MOVIE.

